



Post 320

Hitting Lessons

Post 320 will be conducting an INDIVIDUAL hitting program. Improve your hitting skills and learn mental aspects of the game from 6 year professional, Coach Brian Humphries. Lessons will be ONE-ON-ONE, ONCE A WEEK, LASTING 4 WEEKS. The day of lessons will be fixed and dependent on parent's/player's convenience. Some lessons may be rescheduled due to Post 320 games. Call Brian Humphries at (619) 244-1837 or email bwhumph@gmail.com to schedule your time slot!

When: June 25th- July 20th

➤ Monday-Friday: 12pm-3pm

Where: Post 320 Hitting Facility

Who: Ages 7-12 (20 minutes per lesson)

➤ Ages 13+ (30 minutes per lesson)

Price: Ages 7-12 (\$100)

➤ Ages 13+ (\$140)