



Offseason

Hitting Lessons

It's never too early to improve your game! Post 320 will be conducting an **INDIVIDUAL** hitting program. Improve your hitting skills and learn mental aspects of the game from 6 year professional, Coach Brian Humphries. Lessons will be **ONE-ON-ONE, ONCE A WEEK, LASTING 4 WEEKS**. The day of lessons will be fixed and dependent on parent's/player's convenience. Call Brian Humphries at (619) 244-1837 or email bwhumph@gmail.com to schedule your time slot!

When: August 20th- September 14th

- Monday: 3pm-7pm
- Wednesday: 3pm-7pm
- Friday: 3pm-7pm

Where: Post 320 Hitting Facility

Who: Ages 7-12 (20 minutes per lesson)

- Ages 13+ (30 minutes per lesson)

Price: Ages 7-12 (\$100)

- Ages 13+ (\$140)